INFORMATION FOR PATIENTS

Who might use Mona Lisa® 5 Standard / Mini?

- require birth control that is easy to use
- require birth control which is effective
- wish to have a reversable form of birth control which you can remove
- wish to have a effective form of birth control which does not contain hormones (natural or progestin)

Who should not use Mona Lisa® 5 Standard / Mini?

- you think you are pregnant
- have a uterus that is abnormally shaped inside
- have or suspect you have a sexually transmitted infection
- have had or had in the last three months a pelvic infection called pelvic inflammatory disease (PID) or have a current behaviour that puts you at high risk of PID (for example, because you are having sex with several men or your partner is having sex with several women)
- have had an infection in your uterus after a pregnancy or abortion in the past 3 months
- have a scar on the uterus or cervix
- have unexplained bleeding from your vagina
- have an infection in your cervix
- have Wilson’s disease
- are allergic to copper

How will Mona Lisa® 5 Standard / Mini be placed into the uterus?

Your doctor can insert the Mona Lisa® 5 Standard / Mini during an office visit. Mona Lisa® 5 Standard / Mini will be inserted during your period. Usually during the last five days or immediately after your period. Your doctor will examine you to determine the position of your uterus. After determining your cervix and vagina, your doctor will measure the depth of your uterus. Then a thin plastic tube containing Mona Lisa® 5 Standard / Mini in your uterus. The thin thread attached to the lower end of the thread will extend into your vagina. The thread is trimmed so that they are just long enough for you to feel with your fingers when doing a skin check to ensure the IUD is properly positioned. When Mona Lisa® 5 Standard / Mini is being inserted you may feel cramping or pricking. Some women feel faint, nauseated, or dizzy for a few minutes after the insertion. Your doctor may ask you to lie down for a while and get up slowly.

Mona Lisa® 5 Standard / Mini in place inside the uterus

What might be some of the risks associated with the insertion of Mona Lisa® 5 Standard / Mini?

- In very rare cases certain women, in particular women who have never given birth, are more susceptible to sex-related, a disorder of their gums and other nervous system disorders after using the IUD immediately after insertion of removal of an intrauterine device.

- Perforation: In rare cases, Mona Lisa® 5 Standard / Mini can penetrate the wall of your uterus and enter your abdomen. This complication occurs at a rate of 1 in 6 out of 10,000 insertions. If Mona Lisa® 5 Standard / Mini perforates the uterus, it should be removed.

- Expulsion: Mona Lisa® 5 Standard / Mini may partially or completely fall out of your uterus. Expulsion of any intrauterine device is most common in the first year of use. The expulsion rates are often higher in women who have never been pregnant, in women who have the IUD inserted immediately after giving birth and in women who have had previous expulsions of an intrauterine device. If the IUD has fallen out of your uterus, Mona Lisa® 5 Standard / Mini has been partially or completely fallen out, use an additional form of birth control, such as a condom, and call your doctor.

Can I have Mona Lisa® 5 Standard / Mini inserted right after giving birth?

Your doctor will discuss the appropriate time for you to have Mona Lisa® 5 Standard / Mini inserted after giving birth. You may have to wait 6 weeks or in the case of a caesarean section, the insertion should be delayed 12 weeks after delivery.

How do I check that Mona Lisa® 5 Standard / Mini is in my uterus?

- You should also check to make sure that the Mona Lisa® 5 Standard / Mini is still in your uterus by touching the top of your vagina, while in a squatting position, with clean fingers to feel the threads. Do not pull on the threads.

When should I call my doctor?

You should contact your doctor:
- if you can feel the threads or you feel more of the Mona Lisa® 5 Standard / Mini than just the threads, consult your doctor immediately. This suggests that your Mona Lisa® 5 Standard / Mini is not in the uterus or is incorrectly positioned. Your doctor may recommend you to see a gynaecologist to remove the Mona Lisa® 5 Standard / Mini.
- if you return to the way it was prior to using Mona Lisa® 5 Standard / Mini.

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What will happen during my first menstrual cycles after the insertion of Mona Lisa® 5 Standard / Mini?

- Menstrual changes: The most common side effects of Mona Lisa® 5 Standard / Mini are heavy menstrual bleeding and periods of longer duration than normal, and more pain periods. You may also experience spotting between periods. These menstrual changes usually diminish and disappear after 2-3 months. However, if your menstrual flow continues to be heavy or unusually long, or if spotting continues, contact your doctor.

- Abdominal pain: Pain in the lower abdomen or pelvic area may occur initially after insertion but usually subsides with time or with analgesic treatment. Pain may be a physiological response to the presence of the IUD, but if the pain persists contact your doctor to rule out the possibility of infection or improper positioning of the IUD.

- Pelvic Inflammatory disease (PID): During the first month after insertion there may be a small risk of a pelvic tract infection. There may be a risk of PID (Pelvic Inflammatory disease), which is an infection that affects the ovary, fallopian tubes and nearby organs. PID is most likely to occur in the first 30 days after insertion of Mona Lisa® 5 Standard / Mini. Exposures to sexually transmitted infections (STI), and the use of IUD itself, is responsible for PID occurring after the first month of use. The incidence of PID among intrauterine device users is less than 2 episodes per 1,000 women per year, which is similar to that of the general population. PID treated with antibiotics, but if left untreated PID can cause serious problems such as infertility. Contact your doctor if you have a fever or pelvic pain, particularly if you feel sick, abdominal pain, or develop a vaginal discharge. If you have PID contact your doctor to rule out the possibility of infection or improper positioning of the IUD.

- Contraceptive failure: If you think the Mona Lisa® 5 Standard / Mini has been expelled, you quickly return to your normal fertility rate.
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